



Predeparture Checklist for Albertan Participants

Once you have been accepted into the program:

- Read carefully every section of the ASiiA website AND the ASiiA Handbook.
- Verify the validity of your passport and apply for a new one if needed.
- Reflect on your expectations and clarify your personal and professional goals regarding your internship abroad. You can use the reflection questions in the ASiiA Handbook.
- Learn about the host country.
- Plan your budget.
- Evaluate your language proficiency and take a language course if needed.
- Join the ASiiA community.

Once you have received an internship offer:

- Contact the ASiiA coordinating office in Alberta (EAP) to enquire about the Youth Mobility Visa.
- Obtain appropriate insurance.
- Search for accommodation.
- Inform yourself about the city where you'll live and its public transport system.
- Book your flight and organize your arrival.
- Inform the ASiiA coordinating office in Saxony of your arrival date.

A few weeks before flying out:

- Obtain some foreign currency for your arrival. Don't solely rely on banking machines.
- Notify your bank and credit card company that you will be accessing your account from abroad, enquire about additional banking cards and international transfer fees.
- Make 2 photocopies of your passport/visa (keep one with you and give one to the ASiiA coordinating office in Saxony).
- Write down important contact information (National embassy or consulate, ASiiA coordinating offices, employer, landlord or roommate, etc.)
- Have preventive medical and dental checkups and think about the medicine and prescriptions you might need to bring along.
- Arrange temporary accommodation for the first days (e.g., hostel, hotel, couchsurf) if you haven't found a place to live yet.
- Pack your luggage!